



GALAXY[®]

BACK BRACE



SPINE CARE



UNIVERSAL SIZE



DURABLE



BREATHABLE



STRETCH

GALAXY® BACK BRACE



THE INSTRUCTIONS BELOW SHOULD BE READ CAREFULLY TO ENSURE THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The lower spine and lower lumbar area requires support and the GALAXY® back brace provides this especially for:

- Sprains and strains
- Sufferers of spinal stenosis
- Displacement of intervertebral discs
- Degenerative, herniated, or bulging discs
- Chronic low back pain
- Post-operative support
- Post laminectomy syndrome
- Decompressive procedures
- Spondylolisthesis
- Postural support
- Spondylosis
- Osteoarthritis
- Lumbago
- Muscle weakness

Will also benefit from the advanced technology that the GALAXY® back brace provides.

CAUTION

It is being recommended that the application instructions listed above be used by qualified professionals only. Patients must not attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

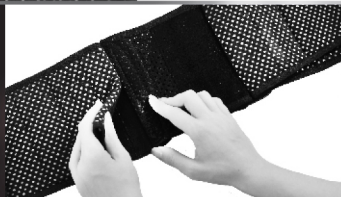
PREPARATION & APPLICATION

1



Designed to fit sizes Small to 5XL with minimal adjustment the GALAXY® back brace has the ability to adjust its sizing, simply by removing each side of the belt from its Velcro tab on the back panel, cut or fold each side of the belt to the desired size, and re-attach to the Velcro tab on the back panel.

2



3



Place the brace so that the 3D Ortho logo on the back panel is facing up. Ensure that the back panel is centered on your spine just above the waist.

4



Center the back panel, then wrap the left side panel around your abdomen.

5



Whilst holding the left panel tightly to your abdomen, wrap the right side around and secure it to the left side panel.

6



To achieve the desired level of compression, use the Velcro loops to pull the compression straps away from your body until the desired level of compression is achieved.

7



To secure the compression straps, pull the compression straps tight around and secure to the front of the brace.

8



For maximum compression, lie on a flat surface once the brace is secured and re-adjust the compression straps.

EXTRA PANEL APPLICATION (OPTIONAL)

Some GALAXY® models come with the option to apply side panels for added support and compression. Once the GALAXY® has been fit, if more compression is desired, simply remove the brace, lay it on a flat surface with the inside facing up, and apply the side panels to the belt portion of the brace, on either side of the back panel.

Other GALAXY® models come with a removable back panel and Pendulous Rigid Anterior Panel which is easily removed via the Velcro provided. Customization can be to each patient's level of support.



CLEANING INSTRUCTIONS

1. All panels should be removed before cleaning.
2. Hand wash with warm water, mild soap then rinse well; Ensure that all soap residue is removed, as it can cause skin irritation and deterioration of the orthosis.
3. Air dry. Do not expose to direct heat or sunlight as this will cause deterioration of the orthosis, shrinkage and damage of the GALAXY®.

CIRCUMFERENTIAL MEASUREMENT AT WAIST

SIZE	Waist Circ. [inches]	Waist Circ. [cm]
S	25-32"	63-81cm
M	32-38"	81-97cm
L	38-44"	97-112cm
XL	44-50"	112-127cm
2XL	50-56"	127-142cm
3XL	56-62"	142-157cm
4XL	62-68"	157-172cm
5XL	68-74"	172-188cm



NOTICE: The device is designed to obtain maximum strength, function, and durability; however, there is no guarantee that injury will be prevented through the use of this device.

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